Endorsements and Reviews

This author beautifully shares her own trauma without asking the reader to carry it. Instead, she shows us that we can work through our own pain and find the light again.

This is a beautiful, powerful book about healing and finding peace. The workbook style gives you space to do your own work, either on your own or with a therapist. A wonderful reminder that even after trauma, there is hope, healing, and light.

-Delee Brown, M.Ed

A soulful and awakening memoir. At the deepest levels, gently invites the reader to make peace with their past. Be courageous…make room for the light!

-Sylvia M. Panter, M.Ed.

The Light After is a powerful and heartfelt story about trauma, faith, healing, and hope. C. Maria De La Luz shares her journey with honesty and courage, showing that healing means finding your voice again, setting boundaries, remembering your worth, and refusing to let your past define your future.

Don’t be surprised at the tears while reading this book—but they come in such a tender way. Tears for the pain endured, for the moments of courage, for the healing that unfolds, and sometimes for the parts of your own story you unexpectedly recognize within hers. What makes The Light After so moving is that even in its heaviest moments, it never leaves you feeling alone in the darkness. There is such a sense of companionship woven through every chapter, as if someone is reaching back through their own healing to remind you that you are seen, you are understood, and you don’t have to walk through your own story alone.

Powerful. Vulnerable. Hopeful. Transformative.

-Kylee Porter, CEO and Founder of Amati Life and has worked 10 years in Mental Health

Trauma is often defined as not the things that happen to us but the stories, feelings, and behaviors that are created inside us from what happens to us. This book perfectly outlines

the journey of how someone can take their story, hold it up against the light of Truth, and patiently stay there until a new story is created inside them. A new story that serves them and their family moving forward instead of haunting them. In this book, Cami masterfully outlines the process and path she walked to heal the story that haunted her family for generations. This book is for the reader determined to do the same for their family. This book is for the courageous ones willing to do that work.

-Daniel Pacatte, LPC (Certified ART Trauma Therapist)

This is a very good book for anyone who has experienced childhood trauma. How it starts in fear and ends in concealing, behind “I am fine”. I started reading the book and then the book started reading me. I would recommend this book to everyone, wherever they are in their journey to recover. I loved how it covers generational trauma and patterns that we learn to live with. It is also a book of hope and redemption. God sees us! HE always has.

-Dr. Deb Gold, Trauma Specialist. EMDR Certified. Author and Conference Speaker

Foreword

Some books inform.

Others transform.

This is one of those books.

I first met Cami during one of the most difficult seasons of her life. As her women's pastor, I had the privilege of walking beside her through a journey marked by unimaginable pain. I witnessed the tears, the questions, and the slow work of healing. But more than anything, I witnessed a woman whose faith refused to surrender to her circumstances.

What has always impressed me most about Cami is not simply what she survived. It is the strength she found in the Lord when life gave her every reason to give up. Her faith was never about pretending everything was okay. It was forged in the darkest places and refined by the faithful presence of God.

As you read these pages, you will discover a woman who writes with remarkable honesty. She does not hide her wounds. Instead, she offers them to God and allows Him to use them as a beacon of hope for others. That kind of vulnerability is both courageous and sacred.

This is far more than a story of trauma. It is a testimony of redemption. It is a reminder that God meets us in our deepest brokenness and faithfully leads us toward healing, one step at a time.

If you are carrying wounds that seem too deep to heal, I pray you will find hope in Cami's story. If you wonder whether God sees you or whether your own story can ever be redeemed, let these pages remind you that His light is never extinguished, even in our darkest moments.

I have watched God transform Cami's pain into purpose, her silence into a voice that now encourages others, and her story into a testimony of His unfailing love.

My prayer is that as you begin this journey, you will not simply admire Cami's faith. You will encounter the same faithful God who carried her through the darkness and into His marvelous light.

-Dr. Charli Brown, EdD

Author "It's Not My Weed To Pull: The Diary of a Control Freak"